

REGISTRATION

Please make checks payable to:
CGA Husky Fund

**Please mail registration and fee to:
Bridget Flick
Bloomsburg Athletics
400 East Second Street
Bloomsburg, PA 17815

**Or, you can e-mail registration form to Bridget at
aquatics@bloomu.edu and bring payment on your
child's first day of lessons

Child's Name: _____

Child's Age: _____

Child's Level: _____

Dates/Times (please check all applicable):

Week 1 – March 30 -April 2 _____

Week 2 – April 6- April 9 _____

Week 3 – April 13 - April 16 _____

Week 4 – April 20 - April 23 _____

Time 1 - 4:00 pm - 4:40 pm _____

Time 2 - 4:50 pm - 5:30 pm _____

Amount Enclosed: _____

Parent/Guardian Name: _____

Parent E-mail: _____

Parent Phone: _____

Additional Information

E-mail: aquatics@bloomu.edu

Phone: 570-389-4155



COMMONWEALTH UNIVERSITY
OF PENNSYLVANIA

Bloomsburg is
committed to Affirmative Action and
Equal Opportunity. Minorities, women
and other protected class members
are urged to pursue educational and
employment opportunities at
Bloomsburg.

Bloomsburg Swimming
Bloomsburg Athletics
400 East Second St.
Bloomsburg, Pa. 17815

BLOOMSBURG SWIMMING



LEARN TO SWIM PROGRAM



SPRING 2026

OVERVIEW



SWIM LESSONS ARE BACK!

Swim lesson instructors will be the Huskies' coaching staff and members of the Bloomsburg University swim team. Everyone involved is excited to share their love of water with you and your child.

The main focus of the program is to give each swimmer as much individual attention as possible. We will aim to have a 6:1 student to teacher ratio. This might limit the number of students we can handle per session. We will do our best to accommodate everyone.

Swim lessons will run every Monday through Thursday for four weeks. Each lesson will be 40 minutes. There will be an optional fourth week available. Payment will be due at the first lesson and can be made by cash or check.

**PARENTS MUST BE PRESENT
DURING LESSONS!**

INFORMATION

- WHO:** Any child with an interest in swimming.
- WHERE:** Bloomsburg University
Nelson Pool – Upper Campus
- LEVELS:** I. Novice
II. Intermediate
- DATES:** Week 1 – March 30 - April 2
Week 2 – April 6 - April 9
Week 3 – April 13 - April 16
Week 4 – April 20 - April 23
- TIMES:** 4:00–4:40 – Levels I-II
4:50–5:30 – Levels I-II
- COST:** \$80 per child for one week
4 x 40-minute lessons

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CLASS DESCRIPTIONS

LEVEL I - NOVICE

This class is for young children still learning to become more comfortable in the water. Skills learned at this level include: entering the pool safely, going under the water, holding their breath, floating, kicking, and retrieving submerged objects.

LEVEL II - INTERMEDIATE

This class is for children who have mastered all Level I skills. They will learn the basics of swimming including: kicking on both back and stomach, streamlining off the wall, rhythmic breathing, and the introduction of other strokes.

PRIVATE LESSONS

One-on-one private lessons can be made available upon request.

PARENT AND CHILD

Parent and child lessons can be made available upon request.

CONTACT INFORMATION

Contact Coach Bridget Flick for more information on the lessons and to register.
aquatics@bloomu.edu or (570) 389-4155

***BLOOMSBURG
HUSKIES***